

Cougar Valley

November 2009

District Website: <http://www.cksd.wednet.edu>

School Website: <http://cougarvalley.cksd.wednet.edu>

Cougar Valley Elementary

13200 Olympic View Road

Silverdale, Washington 98383

Phone: 360-662-8400

Chris Visserman, Principal



Picture Retakes

Tuesday

November 03



Goodies With Guests

Friday

November 06 @ 2:45

Veterans Day Concert

5th Grade Concert

November 10

6:30 p.m.



No School

Veteran's Day

Wednesday,

November 11



November 17-20

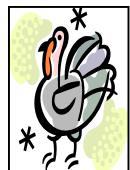
PTA Book Fair

Cougar Valley Library

Parent Teacher Conferences

November 20th-25th

Dismissal @ 11:45



No School

Thanksgiving Holiday

Thursday, November 26

And Friday, November 27

Revised School Calendar

The School District revised the school calendar to include two additional early release days, one on **Thursday, November 19th** and one on **Monday, March 22nd**. Students will be dismissed at 11:45 a.m. Please be sure that you mark these dates on your calendar. Breakfast will be served on these dates but lunch will not.

Checking Students Out Early

There will be an occasion (doctor, dentist, etc.) when students need to leave class early. Help us to maximize learning time by making this a true exception. **When students leave class early at the end of the day it creates disruptions of learning for all students.** If you must check your child out early, please follow this procedure:

- ◆ Come to the office, provide picture identification to the office staff.
- ◆ Sign your child out on the Child Check Out log at the front desk.
- ◆ Wait for the school staff to call the classroom and have your child come to the office.

Please plan an extra few minutes to complete this process, allowing the student to be located and to collect their belongings. **Children are not called to the office until the parent has arrived in the office.** Children will not be released without an authorized adult. If you have a need to meet with your child's teacher please arrange this before you come to school. You can contact your child's teacher by e-mail or by leaving a message on their voicemail. Please do not go to the classrooms expecting to talk with your teacher during the school day.

Dear Parents,

Soon it will be that time of year again when we come together to discuss the learning of your child at parent teacher conferences. We appreciate your willingness to be collaborative, as we know that only with your guidance, help, and cooperation can we accomplish the high goals we have established for our students. Below you will find some useful information to help make your conferences with staff meaningful for both you and your child.

Thank you for all that you do! You are appreciated.

Parent Teacher Conferences: How to make them work for your child...

- ◆ Surveys show that parent teacher conferences can be big stress producers. They can also be extremely helpful and important to your child. So let's take a crack at cutting back on the stress and pumping up the positives.
- ◆ A parent teacher conference can help answer your questions: Is my child getting along well with his or her peers and teachers? Is he or she struggling with math? And what exactly are grades supposed to measure? A parent/teacher conference gives you the opportunity to meet and get to know your child's teachers, ask those questions, exchange information about your child and discuss how you can work together to improve your child's progress at school.
- ◆ Like anything else, the more effort you put into such a meeting, the more you'll get out of it. A little pre-planning can make all the difference.
- ◆ Before the conference, talk with your child and find out his or her opinion on how school is going. Compare your child's views with the teacher's evaluation during your meeting. Any misperceptions your child has could lead to unpleasant surprises when report cards arrive.
- ◆ Write down your questions in advance to keep the conference on track and professional.
- ◆ If possible, both parents should attend the conference. Having both parents present builds a stronger partnership and better communication between home and school. If one parent can't attend, be sure he or she writes down any concerns for the other to raise during the conference. It's important for separated or divorced parents to make an effort to put aside differences for the conference and focus only on their child.
- ◆ Freely communicate any goals and expectations you have for your child with the teacher. And if the teacher says something you don't understand, ask. As with any profession, teachers have their own jargon and sometimes tend to slip into educational terminology. Do not be embarrassed to ask for clarification when needed.
- ◆ It's also important to find out what you as a parent can do at home to help your child do well at school. Before you leave, summarize the plans you and the teacher have made to help your child. That helps eliminate the chance of misunderstanding.
- ◆ Try to be on time and know the time limitations on the conference. Regardless of the length, the teacher probably has other parents waiting. Approach the conference with a positive, cooperative attitude. Teachers want to work with you and your child. The best way to do that is for the child, teacher and parent to form a team to make sure the child achieves at the highest possible level. (National Education Association, 2007).

Parent Teacher Conferences

November 20th—November 25th Dismissal At 11:45

9:10 a.m.—11:40 a.m.

Breakfast will be served at normal time. No lunch will be served on these days.

Parent student conferences begin on Friday, November 20th and run through Wednesday, November 25th. If you have not signed up for a conference please contact your students teacher via e-mail or by phone before or after school. Conference time is very important . It offers the opportunity to share concerns and discuss your child's progress.

Federal Impact Aid Survey

DUE BACK TO SCHOOL THURSDAY NOVEMBER 05. PLEASE BE SURE THAT THEY ARE SIGNED AND FILLED OUR CORRECTLY. WE NEED ONE FOR EACH CHILD THAT ATTENDS COUGAR VALLEY.

Every Year the District must apply for Federal Impact Aid funds from the US Department of Education. These funds compensate CKSD for the loss of local tax dollars from tax-exempt federal property in the Silverdale and Bremerton area. The District must conduct a Federal Residence and Employment Survey on a yearly basis in order to obtain a current count of families in the District who live and/or work on federal property. On November 2, 2009, students will be bringing home the survey form used for this count. **It is important that all appropriate sections on the form be filled out completely and accurately and the form is signed and dated for each student.** These funds benefit all of our students and are used for basic education programs District-wide (except for the special education portion, which is used directly for that program). Your cooperation in assisting the District in this matter is greatly appreciated.

Fall Is Here...

Many students are coming to school unprepared for our unpredictable weather. Unless it is too rainy or extremely cold, students go outside every day for recess. **Warm outer clothing and shoes with socks are a necessity at this time of year.** Please make sure your child is wearing appropriate clothing when she/he leaves for school.



When Should I Keep My Student Home From School?

- ♦ A student with a temperature of 100 degrees or greater should remain at home until she/he has been free of fever, **without use of fever reducing medicine (Tylenol, Advil), for 24 hours.**
- ♦ A student who has vomited in the last 24 hours should stay at home.
- ♦ A student with any diarrhea should be kept at home.
- ♦ Consult your physician about abdominal pain that is persistent or severe enough to limit the student's activity.
- ♦ Students with rashes that cannot be readily explained should stay at home until your physician has been consulted.

The "common cold" can present several dilemmas for the parents:

- ♦ A student with a "mild" cold, but who otherwise feels well may go to school.
- ♦ A student with a "heavy" cold, accompanied by a deep hacking cough belongs at home even if they do not have a fever.
- ♦ Consult your physician if there is no improvement of your student's symptoms within three to four days.



Tuneful News from Ms. Giddings

Chorus

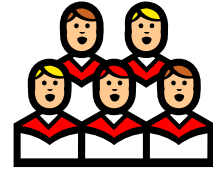
What an enthusiastic group we have for chorus this year. At this time we have around 80 students in our chorus, with it split evenly between morning and afternoon group. We are currently preparing for our upcoming performances:

Saturday, November 14th at 11am we will be caroling at CKHS in the gym.

Thursday, December 3rd at 7 pm Winter Concert in the CV gym.

Possible performance Saturday November 21st at Ridgetop JH for the PTA

Holiday Bazaar (yet to be determined)



Concert attire includes white shirts (or light colored) and black or dark pants/skirts.

Thank you for all of your support in getting the children to rehearsals on time. If you have any questions feel free to email jillg@cksd.wednet.edu or call me 360-662-8416.

Honor Choir coming!

We will begin an honor choir made up of 6th grade students. I am only allowed to take 10 students to the festival so there will be special invitations given to students requesting to participate. The All District Choral Festival is scheduled for Thursday, January 21st and will be held at Ridgetop JH. Select students from each school in Central Kitsap School District are chosen to participate. We have around 150 elementary, 100 + Junior High, and 80 or so High School students. It is a wonderful experience for those who participate, with each group performing 2 pieces and a finale together. Be looking for that special invitation.

Classroom Music

The 5th graders are preparing their November 10th performance of "This is America" at 6:30 pm, which includes a tribute to our Veteran's. Be sure to have all photos of family Vets to me by November 2nd. There will also be a daytime performance. Some students have checked out a recorder to practice a tune we may include.

3rd graders have begun working on their performance of "Celebrations from Around the World" scheduled for Thursday, December 3rd at 6 pm in the CV gym. There will be an information note sent home with a portion to sign and return, letting me know who will be able to attend the night performance. Students will be signing up for parts soon. There will be speaking parts for all those students interested as well as other special rolls. Costumes from different countries are encouraged, although I do have some to share with the students.

Other classrooms are working on various parts of their curriculum.

Once again if you have any questions feel free to email jillg@cksd.wednet.edu or call me 360-662-8416.

Goodies with Guests

Friday, November 6th

Parents and special guests of our students, you are invited to join your Cougar Valley Student on this special reading day! Arrive at the school between 2:30 & 2:45 pm. Sign in at the lunchroom. From there, you will be dismissed to the classrooms to read. If you have more than one student, you are welcome to split your time between classrooms, check one student out to attend the other's class, or bring your students back to the lunchroom for group reading time together. This really has become a special day to enjoy with a parent or special guest at Cougar Valley. Thank you for making it an important one for your child as well.

- ♦ No childcare is available for younger siblings so please plan accordingly.



Central Kitsap Ski School



Fact: it is going to be dark and rainy from November through March. For many people this is a cause for despair, but for students in CK Ski School the upcoming months are the highlight of their year. When everyone else is complaining about the unrelenting rain, our students are hoping for even more – because they know that rain in the lowlands is snow in the passes, and that means their Saturday is going to ROCK!

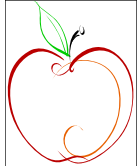
For over 35 years CK Ski School has been providing high quality ski and snowboard instruction to students in grades 5 – 12. Eight Saturdays each winter we load 300 plus participants into school busses and take them up to Stevens Pass for the time of their lives. With expert instruction from nationally certified instructors, most students quickly develop all the skills they need to safely ride the mountain with confidence and style. We offer both ski and snowboard lessons at all levels from novice to expert.

Learning to ski or snowboard is a life-changing event for many people. It provides them with a sense of exhilaration, a love for the natural beauty of the Northwest, the self-confidence that comes from overcoming fears, and a lifelong love of the sport. Students in our program also enjoy the social connection that comes from spending time together on mountains, busses, and ferries.



Our program is open to all students in grades 5 – 12. If your child is interested in participating in our program, please visit us at ckskischool.com for more information. Registration forms can be found at all secondary schools in the district, picked up at Kitsap Sports, or by downloading them from our website. Registration is open through the month of November.

We hope to see you on the slopes!



Apple Health For Kids

For Washington's kids and teens

Just a reminder to please review your Washington State health insurance. If your monthly family income is close to the amounts on the chart, your kids, ages 19 and under may qualify and/or continue to qualify for free or low-cost health insurance! Changes occur, please keep up to date on your insurance needs!

Income levels are updated every April. This chart deals with health insurance for children under 19 only. Other programs with different eligibility requirements are available for families and pregnant women. Call toll free 1-877-543-7669 to find out more.

Washington Department of Social & Health Services

Number of People in Family

(includes parents and children)

Approximate

income per month

(after deductions from Step 1)

1	Up to \$2,708
2	Up to \$3,643
3	Up to \$4,578
4	Up to \$5,513
5	Up to \$6,448
More	Add \$935 for each Additional family member

Lost and Found

Our Lost and Found is overflowing. Please make sure that you stop by and claim what is yours. Parent teacher conferences are an excellent time to check out what is in the lost and found. Children that have misplaced any small items can check in with the office before or after school.



Cookies, Cookies, Cookies

A reminder that the Fall Fundraiser will be returning to Cougar Valley on Thursday, November 19th. For those of you who have very large orders you can expect a call from our PTA to arrange pick-up. For those students that have smaller orders they will be coming home on the bus. Thank you so much for helping to make this Fundraiser one of the best.





C.A.T.S.
Catch A Terrific Student

October 09

Alex Broderick
Jazlynn Ballman
Elizabeth Roger
Jack Strickland
Jake Manavie
Ashton Wegner
Brady Rice
Finnegan Duff
Brandon Mulkins
Connor Lane
Job Marek
Joshua Cady
Kaitlin Johnson
Kaden Pittman
Korryn Ewen
Sydney Mazat
Chauncey White
Victoria Sena
Evelyn Hokanson
Amber Bumbalough
Thora Berg
Taylor Lighty
Hana Rios
Trishana Hall
Chloe Mange
Damien Chu
Amberlee Crowther

October 16

Hailie Turgeon
Courtney Hedahl
Brandon Harris
Skyler Paton
Jenna Ward
Annika Freund
Brandon Williamson
Alexa Watson
Damon O'Neil
Justin Valentine
Keyahna Vaughn
Arianna Stallsworth
Jeaden Delos Reyes
Joshua Reece
Jacob Ring
Alex Refilong
Kate Streck
Hunter Breeding
Raul Hudson
Lauren White
Ben Streck
Janie Brine
Bryce Anderson
Jake Sargent
Ashley Murray
Erica Alexander
Rachel Pfanz

October 23

Jasmine Leahy
Kaleb Anderson
Matthew Velgara
Aleah Catt
Payton Frandsen
Dylan Chandler
Donovan Ralston
Isabel Knapper
Juliana Haynes
Hayden Barth
Austin Duckwall
Gabe Uthoff
Hailey Taylor
Angelo Katigbak
Zachary White
Nicholas Leen
Aiden Cooper
Taylor Davenport
Sarah Slane
Lindsey Ward
Gwen Leeman
Michal Bernard
Noemi Warren
Erika Powell
Paige Schuster
Jacob Hadlock
Jason Gordon